

ICED PROTEIN DRINKS WITH FRESH MINT

BY: FOODNESS GRACIOUS

PREP TIME: 5 MIN TOTAL TIME: 5 MIN SERVINGS: 1

NOTES

Tasty and refreshing protein drinks packed with crushed ice and fresh mint leaves. This is a perfectly healthy way to cool down and quench that thirst!

DIRECTIONS

1. Fill a tall glass halfway with crushed ice.
2. Add some torn mint leaves and fill to the top with more ice.
3. Carefully pour in the clear Protein Drink all the way to the top.
4. Garnish with more fresh mint and drink at once.

INGREDIENTS

- 16 ounces Clear Protein Drink
- Fresh mint leaves shredded
- Crushed ice