

TASTY RECIPES

Easy and delicious ways to put more healthy protein into your diet every day!

Tropical Punch Protein Popsicles



INGREDIENTS

- 1 Tropical Punch Clear Protein Drink
- 1/4 cup kiwi
- 1/4 cup blueberries
- 1/4 cup strawberries
- 1/4 cup peaches
- 1/4 raspberries

DIRECTIONS:

1. Drop the fruit into the popsicle molds in your desired order.
2. Fill popsicle molds with Clear Protein Drink and insert sticks.
3. Freeze for 6-8 hours.
4. Enjoy!