TASTY RECIPES

Easy and delicious ways to put more healthy protein into your diet every day

Banana Nut Bread Shake

INGREDIENTS

- 1 Premier Protein 110z. Vanilla shake
- 1 frozen banana
- 2 tbsp of rolled oats
- 1 tbsp of almond butter
- 1/2 tsp of cinnamon

DIRECTIONS:

1. Combine the ingredients in a blender.
2. Blend until smooth. Enjoy!