

# TASTY RECIPES

Easy and delicious ways to put more healthy protein into your diet every day!



## Morning Mocha Bowl

### INGREDIENTS

- 2 tablespoons Premier Protein 100% Whey Protein Powder: Chocolate Milkshake
- ½ cup brewed coffee, chilled
- 1 cup almond milk
- 1 heaping tablespoon of almond butter
- 1 teaspoon vanilla extract
- 1 tablespoon unsweetened cocoa powder
- 1 tablespoon maple syrup
- 1 tablespoon chia seeds
- 1 cup of ice cubes
- Optional toppings: sliced bananas, chia seeds, coconut flakes, almonds

### DIRECTIONS:

Blend all ingredients until smooth, and pour into a bowl. Top with sliced bananas, chia seeds, coconut flakes, and almonds.