## TASTY RECIPES

Easy and delicious ways to put more healthy protein into your diet every day

## Peanut Butter Hot Chocolate



## **INGREDIENTS**

- 1 Premier Protein 110z. Chocolate shake
- 1/4 cup of half and half
- 1 tsp of cocoa powder
- 1 tsp of creamy peanut butter

## DIRECTIONS:

- 1. Combine all the ingredients and heat until 140 degrees.
- 2. Stir until everything is blended.
- 3. Serve and enjoy!