

TASTY RECIPES

Easy and delicious ways to put more healthy protein into your diet every day!

Rainbow Protein Pudding Parfait



INGREDIENTS

- 2 cups Premier Protein Vanilla Shake
- 1 Box of Vanilla Instant Pudding Mix
- Strawberries
- Clementines
- Mangoes
- Kiwis
- Blueberries
- Optional garnish: Granola

DIRECTIONS:

1. Whisk Premier Protein and pudding mix for 2 minutes, and let sit for 5 minutes.
2. Layer pudding and fruit into a glass cup and enjoy!