SALTED CARAMEL MOCHA SHAKE BY: PREMIER PROTEIN

PREP TIME: 5 MIN TOTAL TIME: 10 MIN SERVINGS: 2

INGREDIENTS

DIRECTIONS

1/2 scoop Premier Protein Vanilla Powder Add all ingredients into a blender until smooth.

1 kiwi peeled and sliced

1 banana, peed and sliced

1 cup fresh spinach

1 cup unsweetened almond milk

1 tbsp chia seeds

ice cubes

